



THE ORIGINAL - COMPLETE PROTEIN

GENESIS 1:29™

SPROUTED GRAIN & SEED BREAD



A World of Nutrition in Every Slice!™



*And God said,
"Behold I have given
you every herb bearing
seed, which is upon the
face of all the earth, and
every tree, in the which
is the fruit of a tree
yielding seed; to you it
shall be for meat."*

—Genesis 1:29



Genesis 1:29™ Sprouted Grain & Seed Bread is a unique blend of certified organically grown exotic grains, legumes and seeds from all over the world and baked into one extraordinary nutritious bread according to the provisions of Genesis 1:29. Naturally good, and never fortified. Try it served warm to release it's delicious rich nutty flavor. With just one bite, you'll know, it's a Food For Life.

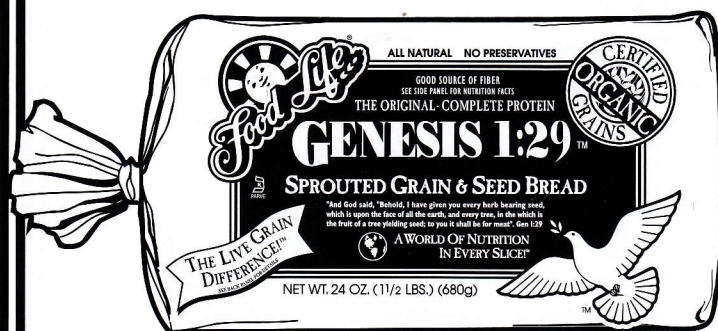
Available at Natural & Specialty Food Stores
1-(800) 797-5090 www.food-for-life.com
Food For Life Baking Company, Inc.
2991 E. Doherty, Corona, CA 92879

**THE LIVE GRAIN
DIFFERENCE!™**



TM

Taste The Live Grain Difference™



GENESIS 1:29™ SPROUTED GRAIN & SEED BREAD

Sprouted Grain & Seed Bread 24 oz (1 1/2 lbs)

Serving Size 1 Slice (34g) Serving Per Container: 20

Calories 80 Calories from Fat 15

Total Fat 2g	3%	Total Carbohydrate 14g	5%
Saturated Fat 0g	2%	Dietary Fiber 3g	11%
Cholesterol 0mg	0%	Sugars 0g	
Sodium 65mg	3%	Protein 4g	8%
Potassium 100mg	3%		

Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 6%
Thiamine 10% • Riboflavin 2% • Niacin 10% • Vitamin B6 4%

INGREDIENTS: *ORGANIC SPROUTED WHEAT, FILTERED WATER, MALTED BARLEY, *ORGANIC PUMPKIN SEEDS, *ORGANIC SUNFLOWER SEEDS, *ORGANIC UNHULLED SESAME SEEDS, *ORGANIC UNPROCESSED WHEAT BRAN, *ORGANIC SPROUTED CORN, *ORGANIC SPROUTED SOYBEANS, SPROUTED CHIA SEEDS, *ORGANIC SPROUTED BARLEY, *ORGANIC SPROUTED MILLET, *ORGANIC SPROUTED RYE, *ORGANIC SPROUTED BROWN RICE, *ORGANIC SPROUTED KAMUT, VARIETY 5-GRAIN & SEED BLEND (*ORGANIC SPROUTED FLAX SEED, *ORGANIC SPROUTED SORGHUM, *ORGANIC SPROUTED QUINOA, SPROUTED TEFF, SPROUTED AMARANTH), WHEAT GLUTEN, FRESH YEAST, SEA SALT.

Unit Dimensions: (HxLxW): 4 1/2 x 9 x 4 1/2
Case Pack: 6
Case Dimensions: (HxLxW): 9 x 13 x 9
Case Weight (Lbs): 11 Lbs.
Case Cube (cf): .61 CF
Pallet Tie: 15 x 8 High
Product Type: Frozen
UPC Code Number: 0 73472001417
Shelf Life: 9 Mo Frzn, 2 Wks Refr 45°
5 Days 75°

Certified Kosher, Non Dairy

*Organic Ingredients: Organically grown and processed in accordance with the California Organic Foods Act of 1990.

FOOD FOR LIFE GENESIS 1:29™ SPROUTED GRAIN BREAD

From the earliest days of human history, mankind has cultivated the precious seeds of the earth, in accordance with the provisions of Genesis 1:29. And God said, Behold, I have given you every herb bearing seed, which is upon the face of all the earth, and every tree, in the which is the fruit of a tree yielding seed; to you it shall be for meat. Gen 1:29

Based on the Holy Scripture verse Genesis 1:29, Food For Life brings you Genesis 1:29™ Sprouted Grain & Seed Bread. Made from exotic grains and seeds from around the world and baked into one extraordinarily nutritious loaf.

A WORLD OF NUTRITION IN EVERY SLICE™!

Teff from the highlands of Ethiopia, Black Quinoa from the mountainous regions of Peru, Barley from the ancient Holy Land, Brown Rice and Spelt from the Far East, Amaranth, and Chia from Central and South America, Soy from China's past, Flax and Rye from Northern Europe, Corn from Old Mexico, Kamut from Ancient Egypt, Millet and Sorghum from the plains of Africa, Sesame Seeds from the Near East, Pumpkin Seeds from the Mediterranean, Spring Wheat and Unprocessed Bran from Montana and Sunflower Seeds from the Dakotas.

Food For Life understands few have access to these super nutritious grains from all over the world, so we offer you Genesis 1:29™ Sprouted Grain and Seed Bread. We use only the highest quality organically grown grains and seeds and sprout them to maximize nutrition through enzymatic action and germination.

The unique combination of seeds in Genesis 1:29™ Sprouted Grain and Seed Bread provides a naturally good source of nutrition not found in ordinary breads.

Try it served warm, to release its rich nutty flavor. With just one bite, you'll know it's a Food For Life.

Food For Life Breads have THE LIVE GRAIN DIFFERENCE!

Different from most breads today, this unique bread is made from freshly sprouted Live grains. We believe in sprouting the grains we use in our breads because sprouting is the best way to release all of the vital nutrients stored in whole grains*.

To unlock this dormant food energy, maximize nutrition and flavor, we add just the right amount of water to healthy whole organically grown grains which are already bursting with nutrients. Beneficial enzymes are activated which cause the grains to sprout and become a living food. Our exclusive sprouting process not only increases vitamins and minerals but also causes a natural change that allows the protein and carbohydrates to be assimilated by the body more efficiently. And even better still, our exclusive baking process preserves these valuable nutrients and retains the important natural fiber and bran.

You can see, taste, and smell THE LIVE GRAIN DIFFERENCE!, of Food For Life breads. As nutritious as they are delicious. Food For Life breads are the substance of a meal - not just something that holds a sandwich together. See the difference fresh sprouts really make. Your body and taste buds will know the difference!

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