

The Next Level of
Whole Grains™



EZEKIEL 4:9

Sprouted
Whole Grain Breads

Bread. And Better!



Inspired by the Holy Scriptures

*"Take also unto thee Wheat and Barley
and Beans and Lentils and Millet and
Spelt and put them in one vessel and
make bread of it..." – Ezekiel 4:9*

-  100% Flourless
-  Diabetic Friendly
-  Certified Organic Grains
-  Complete Protein

*The Original Sprouted
100% Whole Grain Bread*



Here's what's in it for you.



EZEKIEL 4:9

Sprouted Whole Grain Breads



Original and Cinnamon Raisin



*Grains as shown are in a dry form. But don't worry!
We sprout them all before we use them in Ezekiel 4:9® bread.*

Ezekiel 4:9® Sprouted Grain Bread

100% Flourless, Complete Protein		<i>Item #120</i>
Serving Size:	1 Slice (34g)	Potassium: 80mg
Calories:	80	Carbohydrates: 15g
Total Fat:	0.5g	Dietary Fiber: 3g
Cholesterol:	0mg	Protein: 4g
Sodium:	75mg	Net Wt: 24 oz (680g)

INGREDIENTS: Organic Sprouted Wheat, Filtered Water, Organic Sprouted Barley, Organic Sprouted Millet, Organic Malted Barley, Organic Sprouted Lentils, Organic Sprouted Soybeans, Organic Sprouted Spelt, Fresh Yeast, Organic Wheat Gluten, Sea Salt.

Ezekiel 4:9® Cinnamon Raisin Sprouted Grain Bread

100% Flourless, Complete Protein		<i>Item #131</i>
Serving Size:	1 Slice (34g)	Potassium: 120mg
Calories:	80	Carbohydrates: 18g
Total Fat:	0g	Dietary Fiber: 2g
Cholesterol:	0mg	Protein: 3g
Sodium:	65mg	Net Wt: 24 oz (680g)

INGREDIENTS: Organic Sprouted Wheat, Filtered Water, Organic Raisins, Organic Sprouted Barley, Organic Sprouted Millet, Organic Malted Barley, Organic Sprouted Soybeans, Organic Sprouted Spelt, Fresh Yeast, Organic Wheat Gluten, Sea Salt, Organic Cinnamon.

Ezekiel 4:9® Sesame Sprouted Grain Bread

100% Flourless, Complete Protein		<i>Item #123</i>
Serving Size:	1 Slice (34g)	Potassium: 75mg
Calories:	80	Carbohydrates: 14g
Total Fat:	0.5g	Dietary Fiber: 3g
Cholesterol:	0mg	Protein: 4g
Sodium:	80mg	Net Wt: 24 oz (680g)

INGREDIENTS: Organic Sprouted Wheat, Filtered Water, Organic Sprouted Barley, Organic Sprouted Millet, Malted Barley, Organic Sprouted Lentils, Organic Sprouted Soybeans, Organic Sprouted Spelt, Fresh Yeast, Organic Wheat Gluten, Sea Salt. Rolled in Organic Unhulled Sesame Seeds.

Ezekiel 4:9® Low Sodium Sprouted Grain Bread

100% Flourless, Complete Protein, Low Sodium		<i>Item #153</i>
Serving Size:	1 Slice (34g)	Potassium: 75mg
Calories:	80	Carbohydrates: 15g
Total Fat:	0.5g	Dietary Fiber: 3g
Cholesterol:	0mg	Protein: 4g
Sodium:	0mg	Net Wt: 24 oz (680g)

INGREDIENTS: Organic Sprouted Wheat, Filtered Water, Malted Barley, Organic Sprouted Millet, Organic Sprouted Barley, Organic Sprouted Lentils, Organic Sprouted Soybeans, Organic Sprouted Spelt, Fresh Yeast, Organic Wheat Gluten.

www.foodforlife.com



Call (800) 797-5090

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