

*"Take also unto thee Wheat
Lentils and Millet and
in one vessel and*



*and Barley and Beans and
Spelt and put them
make bread of it..."
- Ezekiel 4:9*

EZEKIEL 4:9

SPROUTED • FLOURLESS
ENGLISH MUFFINS



**Do
something
good for
your body
today.**



HIGH FIBER



SPROUTED
GRAINS



VEGAN



ESSENTIAL
AMINO ACIDS



NON-GMO



PRO
pH





SPROUTED • FLOURLESS ENGLISH MUFFINS

EZEKIEL 4:9® SPROUTED WHOLE GRAIN ENGLISH MUFFINS



NUTRITION FACTS: Serving Size 1/2 Muffin (38g), Calories 90, Total Fat 0.5g, Sat. Fat 0g, Trans Fat 0g, Cholesterol 0mg, Sodium 80mg, Total Carb. 17g, Dietary Fiber 3g, Sugar 0g, Protein 6g.

INGREDIENTS: Organic Sprouted Wheat, Filtered Water, Organic Sprouted Barley, Organic Sprouted Millet, Organic Malted Barley, Organic Sprouted Lentils, Organic Sprouted Soybeans, Organic Sprouted Spelt, Organic Wheat Gluten, Yeast, Sea Salt.

EZEKIEL 4:9® SPROUTED WHOLE GRAIN FLAX ENGLISH MUFFINS

NUTRITION FACTS: Serving Size 1/2 Muffin (38g), Calories 90, Total Fat 1.5g, Sat. Fat 0g, Trans Fat 0g, Cholesterol 0mg, Sodium 75mg, Total Carb. 17g, Dietary Fiber 3g, Sugar 1g, Protein 5g.

INGREDIENTS: Organic Sprouted Wheat, Filtered Water, Organic Sprouted Flax, Organic Sprouted Barley, Organic Sprouted Millet, Organic Malted Barley, Organic Sprouted Lentils, Organic Sprouted Soybeans, Organic Sprouted Spelt, Organic Wheat Gluten, Yeast, Sea Salt.



EZEKIEL 4:9® SPROUTED WHOLE GRAIN CINNAMON RAISIN ENGLISH MUFFINS



NUTRITION FACTS: Serving Size 1/2 Muffin (38g), Calories 90, Total Fat 0g, Sat. Fat 0g, Trans Fat 0g, Cholesterol 0mg, Sodium 65mg, Total Carb. 19g, Dietary Fiber 3g, Sugar 4g, Protein 4g.

INGREDIENTS: Organic Sprouted Wheat, Organic Raisins, Filtered Water, Organic Sprouted Barley, Organic Sprouted Millet, Organic Malted Barley, Organic Sprouted Lentils, Organic Sprouted Soybeans, Organic Sprouted Spelt, Organic Wheat Gluten, Yeast, Sea Salt, Organic Cinnamon.

EZEKIEL 4:9® SPROUTED WHOLE GRAIN LOW SODIUM ENGLISH MUFFINS

NUTRITION FACTS: Serving Size 1/2 Muffin (38g), Calories 90, Total Fat 0.5g, Sat. Fat 0g, Trans Fat 0g, Cholesterol 0mg, Sodium 0mg, Total Carb. 17g, Dietary Fiber 3g, Sugar 0g, Protein 5g.

INGREDIENTS: Organic Sprouted Wheat, Filtered Water, Organic Sprouted Barley, Organic Sprouted Millet, Organic Malted Barley, Organic Sprouted Lentils, Organic Sprouted Soybeans, Organic Sprouted Spelt, Organic Wheat Gluten, Yeast.



Product	Item #	UPC	Case Pack	Case Weight	Case Dimensions (inches)	Cases Cubed	Pallet Tie	Cases Per Pallet	Shelf Life
Cinnamon Raisin	117C6	073472001172	6/16 oz.	8 lbs.	11.38" L x 8.13" W x 7.63" H	0.39 CF	15 x 9 high	135 cs	12 Months Frozen
Flax	118C6	073472001189	6/16 oz.	8 lbs.	11.38" L x 8.13" W x 7.63" H	0.39 CF	15 x 9 high	135 cs	12 Months Frozen
Original	119C6	073472001196	6/16 oz.	8 lbs.	11.38" L x 8.13" W x 7.63" H	0.39 CF	15 x 9 high	135 cs	12 Months Frozen
Low Sodium	353C6	073472003534	6/16 oz.	8 lbs.	11.38" L x 8.13" W x 7.63" H	0.39 CF	15 x 9 high	135 cs	12 Months Frozen

- ✔ Sprouted
- ✔ Complex Energy
- ✔ Flourless
- ✔ Low Glycemic
- ✔ 6 Grains, Beans, Seeds & Sesame
- ✔ Whole Grains
- ✔ Inspired Ancient Recipe
- ✔ Certified Organic
- ✔ Soluble and Insoluble Fiber
- ✔ No Artificial Colors or Preservatives

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