

Simply Pita
Perfection!



THE ORIGINAL • ANCIENT RECIPE

EZEKIEL 4:9

AS DESCRIBED IN THE HOLY SCRIPTURES:

"Take also unto thee **WHEAT**, and **BARLEY**, and **BEANS**, and **LENTILS**, and **MILLET**, and **SPELT**, and put them in one vessel, and make bread of it..." Ezekiel 4:9

Sprouted
FLOURLESS



FOODFORLIFE.COM



Simply **Pita**
Perfection!



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EZEKIEL 4:9



SPROUTED GRAIN FLOURLESS PITA BREAD

THE ORIGINAL

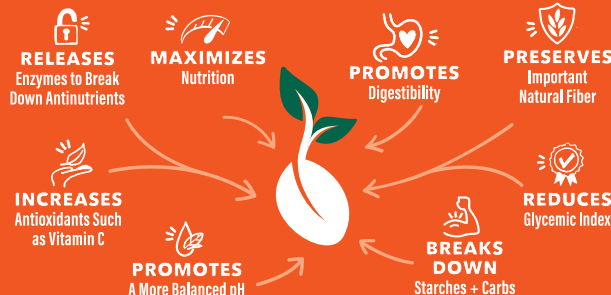
**THE LIVE GRAIN
DIFFERENCE!™**

FLOURLESS

Different from most pocket breads today, **Ezekiel 4:9® Pita Breads** are made from freshly sprouted Live grains and contain absolutely no flour. Our exclusive sprouting process releases important enzymes which **maximize nutritional content** and **promote better digestion**. Beneficial enzymes are released to help breakdown starches, carbs and proteins like phytic acid to promote better nutrient assimilation. We believe this is an important aspect in promoting overall health, vitality and longevity—to get the most out of whole grains! And even better still, our exclusive process **preserves these valuable nutrients** and **retains the important natural fiber + bran**. See the difference fresh sprouts really make. **Your body and tastebuds will know the difference!**

SproutSmart®

WHY WE SPROUT OUR GRAINS



Nutrition Facts

6 servings per container

Serving size 1 Pocket Bread (47g)

Amount per serving

Calories 110

% Daily Value*

Total Fat 0.5g **1%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 95mg **4%**

Total Carbohydrate 20g **7%**

Dietary Fiber 4g **14%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

Protein 7g

Vitamin D 0mcg **0%**

Calcium 10mg **0%**

Iron 2.3mg **15%**

Potassium 100mg **2%**

Thiamin 0.13mg **10%**

Niacin 2.3mg **15%**

Vitamin B6 0.09mg **6%**

Folate 15mcg DFE **4%**

Phosphorus 90mg **8%**

Magnesium 35mg **8%**

Zinc 3.2mg **30%**

Selenium 18mcg **35%**

Manganese 1.07mg **45%**

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Organic Sprouted Wheat, Water, Organic Carrots, Organic Sprouted Barley, Organic Sprouted Millet, Organic Wheat Gluten, Organic Sprouted Lentils, Organic Sprouted Soybeans, Organic Sprouted Spelt, Yeast, Sea Salt.

CONTAINS: WHEAT, SOY, SESAME.

Good manufacturing practices are used to segregate ingredients and products in a facility that also processes tree nuts.

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Certified Organic by QAI



STORING AND KEEPING TIPS:

This is a natural product with no added preservatives. For best results, refrigerate after purchase, or freeze for longer periods of keeping.



2500 YEAR OLD PRODIGY

Ezekiel 4:9 Pita Bread is a 2,500 year old prodigy of the original bread found in the bible. We discovered when these six grains are sprouted and combined, the result is an abundant harvest of exceptional nutrients including nine essential amino acids, with 18 in all. These delicious and nutritious pita pocket breads are natural and don't contain preservatives. **Truly an Inspired Ancient Recipe available today!**

Product	Item #	UPC	Case Pack	Case Weight	Case Dimensions (inches)	Cases Cubed	Pallet Tie	Cases Per Pallet	Shelf Life
Ezekiel 4:9 Pita Bread	384C12	0 7347200384 8	12/10 oz.	10 lbs.	4" L x 18" W x 12.5" H	0.52 CF	8 x 12 high	96 cs	12 Months Frozen

FOOD FOR LIFE BAKING COMPANY, INC.

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