

Power Pinwheels

by Tammye



BAKING COMPANY

Ingredients:

- 1 pkg [Food For Life Sprouted Corn Tortillas](#)
- 2 pkgs Smoked Turkey deli meat (no nitrates/nitrites)
- 3-4 cups Fresh spinach
- 1 cup Shredded carrots
- 1 cups Shredded low fat sharp cheddar cheese
- 2 med Chopped honey crisp apples (soaked in orange juice)
- 1 1/2 cups Low fat mayonnaise

Directions:

1. Mix carrots, cheese, drained apples and mayonnaise in a bowl.
2. Spread 2 tbsp of the mixture in the center of the tortilla.
3. Place fresh spinach leaves down the center of the tortilla.
4. Place 2 slices of deli meat atop of spinach (to cover spinach).
5. Roll tortilla and fasten the end with toothpicks.
6. Slice in the center (diagonally).

Source:

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<http://www.foodforlife.com/recipe/48618>